



Courses & Workshops
November 2008 – December 2009

www.gaeacourses.co.uk

**Gaea @ Emerald Nursery
London Road
Wendover Dean
Bucks
HP22 6QB**

Tel 01296 696789

Reiki I

During this course you will discover how Reiki works, how it can be used and the traditional hand positions. There will be plenty of opportunity to experience and work with the Reiki energy, giving you the confidence to continue your healing work. Once you have completed this class you will be able to give healing to other people, plants, animals, food, water, situations and yourself.

Dates	Time	Facilitator	Cost
Dec 13 th & 14 th Sat & Sun	10:30 to 17:00	Mark Dedman	£135
2009			
Feb 28 th & Mar 1 st Sat & Sun	10:30 to 17:00	Mark Dedman	£135
Apr 22 nd & 23 rd Tues & Weds	09:30 to 16:00	Mark Dedman	£135
May 16 th & 17 th Sat & Sun	10:30 to 17:00	Mark Dedman	£135
Aug 1 st & 2 nd Sat & Sun	10:30 to 17:00	Mark Dedman	£135
Sep 9 th & 10 th Weds & Thurs	09:30 to 16:00	Mark Dedman	£135
Nov 14 th & 15 th Sat & Sun	10:30 to 17:00	Mark Dedman	£135

Reiki II

This stage of Reiki involves acquiring knowledge of three healing symbols which can strengthen the ability the Reiki I practitioner has already acquired and will enable you to send healing over distance and forwards or backwards in time. This two day course will give plenty of opportunities to experience the aspects of the Reiki energy that the three symbols reveal to us and to explore techniques for working with distant healing.

Dates	Time	Facilitator	Cost
Nov 19 th & 21 st Weds & Fri	9:30 to 16:00	Mark Dedman	£135
2009			
Jan 31 st & Feb 1 st Sat & Sun	10:30 to 17:00	Mark Dedman	£135
Apr 29 th & 30 th Weds & Thurs	09:30 to 16:00	Mark Dedman	£135
Jun 13 th & 14 th Sat & Sun	10:30 to 17:00	Mark Dedman	£135
Sept 12 th & 13 th Sat & Sun	10:30 to 17:00	Mark Dedman	£135
Nov 4 th & 5 th Weds & Thurs	09:30 to 16:00	Mark Dedman	£135

Reiki III Practitioner

The focus for much of Reiki III is on the self and the master within. For many this is recognised as the start of a Reiki Journey rather than the finish. This course also shares with you the Antahkarana, a magical healing tool, and how to begin the practice of psychic surgery.

Dates	Time	Facilitator	Cost
Fri 7 th November and Sat 8 th & Sun 9 th Nov	19:00 to 22:00 10:30 to 17:00	Keri Manning Dedman	£350
2009			
Sat 21 st & Sun 22 nd March and Mon 23 rd March	10:30 to 17:00 19:00 to 22:00	Keri Manning-Dedman	£350
Sat 4 th & Sun 5 th July and Mon 6 th July	10:30 to 17:00 19:00 to 22:00	Keri Manning-Dedman	£350
Sat 17 th & Sun 18 th Oct and Mon 19 th Oct	10:30 to 17:00 19:00 to 22:00	Keri Manning-Dedman	£350

Reiki Share Days

The morning will start with a meditation followed by Reiki chat. After lunch we will look at the intuitive aspects of Reiki, then there will be time for one-to-one and group treatments, followed by meditation. We will end the day with a Reiki circle for distant healing. The day is open to anyone who has studied Reiki, regardless of level or lineage. Please come along with your Reiki hearts open and your Reiki hands buzzing.

Dates	Time	Facilitator	Cost
Sat 6 th December 2009 Sat 7 th March Sat 6 th June Sat 5 th September Sat 5 th December	10:30 to 16:00	Keri Manning-Dedman	£15 inc lunch

I Believe in Faeries

An introduction to the natural realm through stories, meditation and laughter. Learn how magic is everywhere If you know where to look. A workshop for children aged 5 and over and for adults.

Dates	Time	Facilitator	Cost
Saturday 20 th December	15:00 – 17:30	Karen Puttick	£10

Crystal Reiki

This day is open to all Reiki people. Crystals and Reiki complement each other in a beautiful way. Learn how to bring crystals into your Reiki treatments – how to ask for the addition of crystal energies to assist in bringing about their loving and peaceful touch to Reiki practice. Find how together these combined energies can bring comfort to those who are present and those who are absent.

Dates	Time	Facilitator	Cost
Sun 7 nd December 2009	10:30 to 17:00	Keri Manning-Dedman	£65
Sun 29 th March	10:30 to 17:00		
Weds 9 th July	09:30 to 16:00		
Sun 27 th September	10:30 to 17:00		
Sun 6 th December	09:30 to 17:00		

Karuna Reiki Practitioner Levels I & II

Karuna is the Sanskrit word meaning “compassionate action”. The lovely energy of this system has been experienced as healing energy surrounding both you and your client, as opposed to flowing through you. The energy is different to Usui Reiki and this system opens you up to working with enlightened beings. Those attuned to it often report experiences with their guides, angels & higher self.

Karuna Reiki® training is offered at four levels. Karuna I Practitioner, Karuna I Master, Karuna II Practitioner and Karuna II Master. It is suggested that the Practitioner levels are only taught to those who have already completed Reiki Master Practitioner training and that the Master levels should only be taught to those who are already Usui Reiki Teachers.

Students participating in Karuna Reiki® training will receive the manuals and certificates issued by the International Center for Reiki Training. They will be able to register with the International Center for Reiki Training. Karuna Reiki® is the Registered trademark of The International Center for Reiki Training.

Dates	Time	Facilitator	Cost
Sat 15 th & Sun 16 th November	10:30 – 18:00	Keri Manning-Dedman	£200

Change Your Attitude Change Your Life

Understand how the mind works in creating attitudes and behaviours. Understand the nature and value of “failure”. Discover how to change the way you look at and approach events in your life. Learn how to create fulfilment and happiness by changing your attitudes.

Dates	Time	Facilitator	Cost
Saturday 28 th March	10:30 – 17:00	Elisa Sibille	£60

Blue Star Celestial Practitioner Level

Blue Star Celestial is a transmission of spiritual ability to bridge the gap between God and man - the Rainbow Bridge - enabling the adept to utilise this potential and to function at expanded levels of awareness. Maintaining a profound sense of balance between mind and heart is the key to the utilisation and manifestation of this energy.

Blue Star is not primarily concerned with immediate benefits, such as health, protection, financial gain or other matters pertaining to the needs of everyday life. Rather, it is aimed towards the growth, evolution, and spiritual development of its practitioners. It protects against psychological fragmentation that could threaten the psyche during its exposure to multi-dimensional experiences of inter-time travel.

During this course you will learn how to do Merkaba breathing to expand the lightbody and how to journey with the use of symbols to meet beings in different places and times. You will also discover how to do treatments using the Blue Star Practitioner symbols.

This course is open to anybody although a background of Reiki would be useful.

You will receive a manual and a certificate of initiation.

Dates	Time	Facilitator	Cost
Sat 14 th & Sun 15 th March	10:30 – 17:00	Mark Dedman	£200

Introduction to Crystals & Crystal Healing

This is an opportunity to learn about crystals and crystal healing in a gentle and supported way.

In this introductory course you will discover how crystals are formed, how they work, how to choose them, how to cleanse them, how to programme them, and how to use them for healing. There will plenty of opportunity to practice.

The relationship between a crystal and an individual is unique at any moment in time. For this reason we encourage practitioners to develop their own intuitive skills rather than relying on published list of crystals and their healing powers. During this 6 week course you will realise how you can trust your own intuition and, by working with your chosen crystals, discover how crystals can help to bring healing to ourselves and others.

Dates	Time	Facilitator	Cost
Weds 26 th Thurs 27 th & Fri 28 th Nov	09:30 to 14:30	Keri Manning-Dedman	£100
2009			
6-wk Thurs eve class from 26 th Feb to 2 nd Apr	19:30 to 22:00	Keri Manning-Dedman	£100
Sat 27 th & Sun 28 th June	10:00 to 18:00	Keri Manning-Dedman	£100
6-wk Tues eve class from 8 th Sept to 13 th Oct	19:30 to 21:30	Keri Manning-Dedman	£100
Weds 25 th Thurs 26 th & Fri 27 th Nov	09:30 to 14:30	Keri Manning-Dedman	£100

Crystal Scrying

Explore the ancient technique of divination through crystal scrying.

This evening is open to anyone who has already learnt the basics of working with crystals

Dates	Time	Facilitator	Cost
Thurs 27 th November	19:30 to 22:00	Karen Puttick	£15

Meditation and Healing

Our lives are often stretched by stress and the pressures of life, always doing things for others and not enough time or energy left for ourselves. This weekly meeting of healers is time for us – to give back to ourselves and to be still for a while.

The practice of meditation helps to bring us back to centre and reconnects us with that peaceful part of ourselves. This is time to share what we do for others amongst ourselves and to feel joy through being with a group of like-minded people.

Two hours a week to regain our composure and ready ourselves to rejoin the world so that we can again assist others and fulfil our commitments.

This meeting is open to anyone who is involved with the healing arts ie: Reiki, spiritual healing, complementary therapies etc. It is being held on Tuesday mornings during school term time.

Dates	Time	Facilitator	Cost
4 th Nov – 16 th Dec 2009 27 th Jan – 10 th Feb 24 th Feb – 31 st Mar 21 st Apr – 19 th May 2 nd Jun – 14 th July Starts again on 8 th Sept	09:30 to 11:30	Keri Manning-Dedman	£6

Krystal Kidz – Wish Upon a Star

A morning to enjoy crystals. Help create a crystal grid to send healing to our planet and all who live upon her. Bring with you a crystal that you would like to become part of the grid – it doesn't need to be big or small, it could even be a special stone picked up from a beach! This grid will then be added to over time to create a special place where you can come and send healing to whoever or whatever you choose.

This workshop is open to all young people who love crystals – just bring a well-behaved guardian with you. Warm waterproof clothing is advisable as we will go outside for part of the morning.

Dates	Time	Facilitator	Cost
Mon 22 nd December	10:00 to 12:30	Keri Manning-Dedman	£10 £5 for each additional child in same family

Krystal Kidz – Making a Magical Wand

This workshop is open to all young people who love crystals – just bring a well-behaved guardian with you.

Dates	Time	Facilitator	Cost
2009 Tues 14 th April	10:00 to 13:00	Keri Manning-Dedman	£10 £5 for each additional child in same family

Reiki Kidz

This workshop is designed to introduce young people to Reiki in a gentle and safe way. It is equivalent to Reiki I and all participants will receive a certificate. The workshop is open to all young people between the ages 5 to 10. Just bring a well-behaved guardian with you.

Dates	Time	Facilitator	Cost
2009 Weds 15 th & Thurs 16 th April	10:00 to 13:00	Keri Manning-Dedman	£30 £15 each for additional children in same family

Celebrating the Seasons

For centuries, our ancestors have lived by the seasons. They marked the times to sow, the times to reap, the times to celebrate, the times to be still. By listening to nature and our own spirit we, too, can live in harmony within the environment and understand the reasons to celebrate the seasons.

Each evening comprises discussion about the relevant season, a shamanic journey to gain personal insight and a group celebration ritual.

Join us on a spiritual quest to connect with the Wheel of the Year. (Since part of the evening will be outside, please be prepared with seasonal and waterproof clothing!)

Dates	Time	Facilitator	Cost
2009 Winter Solstice – Friday 19 th Dec Imbolc – Fri 30 th January Spring Equinox – Fri 20 th March Beltane – Fri 1 st May Summer Solstice – Fri 19 th June Lammas – Fri 31 st July Autumn Equinox – Fri 18 th Sept Samhain – Fri 30 th October Winter Solstice – Fri 18 th December	19:00 to 22:00	Keri Manning-Dedman and Donna Forbes	£15 per evening

A Druid's Path (An Introduction to a Course on Druidry)

Druidry is a personal path. There is no guide book, no set of rules. It may begin with a yearning to get back to nature. This may grow into a desire to honour the Earth and all that she offers. And in that honour, a realisation of the Spirits of Place and the Elements of Nature. Druidry is the connection, the bridge, between the physical world and Otherworld. It offers a journey of self discovery, self healing, and personal growth.

This is an introductory evening, a prelude to the eight month course that will begin in February 2009. Come along with any questions you may have about Druidry or the course.

In essence the course begins, at Samhain, with a step of commitment. For those wishing to continue, there will be preparatory work to do through the Winter Season.

Dates	Time	Facilitator	Cost
Monday 10 th November	19:30 to 22:00	Donna Forbes	£10

A Druid's Path

Druidry is a celebration of our Life. Rooted deep in the Earth, it helps us to discover who we are, why we are here, and how we can best live this incarnation. This involves personal reflection and a coming to terms with many things that have happened to us in this (and, sometimes, previous) incarnations.

In celebrating Life, we celebrate the dark and light aspect of ourselves. We learn to face who we are and in this we find an inner strength.

A Druid's Path will lead us through interesting places, to find secret groves, to meet interesting beings. But we do not undertake this path alone. For we are treading the path of our Ancestors, we have their support and that of our guides and helpers. These we will meet along the way in Otherworld and some of them may want to come and work with you in this world.

Druidry is not something we can 'do' from time to time, it is something we 'are'. It becomes our way of life. There is no right or wrong way to become a Druid. I will be giving you a structure in which you will find your own Druidry.

Please be aware that this course will involve homework to be done between the meetings and this will help you find your own Druidic Path. There is preparatory work to do before attending this course. If you would like to discuss this course further or if you are unable to attend the introductory evening (above), please let me know in good time that you are interested in taking this course (info@earthshinegrove.org.uk).

Dates	Time	Facilitator	Cost
2009	10:30 – 17:30	Donna Forbes	£35 per day
Sunday 8 th February			Or
Sunday 8 th March			£240 for all 8 days if paid in advance
Sunday 5 th April			
Sunday 10 th May			
Sunday 7 th June			
Sunday 12 th July			
Sunday 9 th August			
Sunday 6 th September			

Meditation and Relaxation

In today's stressful world we need to give ourselves time to relax. Give yourself permission and join this group in a safe, peaceful and harmonious environment. Learn gentle techniques to relax, unwind and let go of everyday anxieties.

This workshop is usually held on the 1st Wednesday or 3rd Monday of each month.

Dates	Time	Facilitator	Cost
Weds 5 th November Mon 17 th November Weds 3 rd December Mon 15 th December	19:30 – 21:00	Jackie & David Percy	£9
2009			
Weds 7 th January Mon 19 th January Weds 4 th February Mon 16 th February Weds 4 th March Mon 16 th March Weds 1 st April Mon 20 th April Weds 6 th May ** Tues 19 th May ** Weds 3 rd June Mon 15 th June Weds 1 st July Mon 20 th July Weds 5 th August Mon 17 th August Weds 2 nd September Mon 21 st September Weds 7 th October ** Tues 20 th October ** Weds 4 th November Mon 16 th November Weds 2 nd December Mon 21 st December			

Past Life Regression Workshop

The workshop will begin with a talk and discussion on reincarnation, past lives and clinical hypnosis followed by group regression using deep relaxation and guided visualisation.

Experiences will be discussed and a one to one regression, with hypnosis, will be available for those who wish it.

The workshops generate their own atmosphere of support and healing and can be used for those who are just curious about past lives or as an opportunity for inner exploration and spiritual growth.

Dates	Time	Facilitator	Cost
Sunday 22nd February	10:30 – 17:00	Jack Weller	£65

Moon's Dance

Our ancestors recognised the importance of the Moon's cycles. They developed an understanding of how to live their lives in harmony with her 'dance', honouring and working with each phase of her journey rather than fighting her powerful influences.

This is a series of 5 workshops for women who wish to explore how the Moon's cycles affect their lives and how to start living in harmony with her changing energies.

Dates	Time	Facilitator	Cost
Weds 29 th October – New Moon Thurs 6 th November – Waxing Moon Thurs 13 th November – Full Moon Weds 19 th November – Waning Moon Weds 26 th November – Dark Moon	19:00 – 22:00	Keri Manning-Dedman	£30 per eve Or £125 for all five eves if paid in advance
2009 Fri 24 th April – New Moon Thurs 30 th April – Waxing Moon Sat 9 th May – Full Moon Mon 18 th May – Waning Moon Sun 24 th May – Dark Moon			

13 Moons

The moon's dance brings rhythmic changes throughout her cycle. Many understand or notice these changes, particularly around a full moon, but how is the energy of the moon affected by her relationship with brother sun?

Explore through 13 full moon gatherings the affects on us of this journey. Celebrate the journey of the 13 moons through drum, song, ritual and the sisterhood of women. Please bring warm clothes, a blanket and if you have them a drum and rattle.

Dates	Time	Facilitator	Cost
Friday 14 th November – 1 st Moon Friday 12 th December – 2 nd Moon	19:00 – 22:00	Keri Manning-Dedman	£15 per celebration
2009 Friday 9 th January – 3 rd Moon Friday 6 th February – 4 th Moon Friday 13 th March – 5 th Moon Friday 10 th April – 6 th Moon (Good Friday) Saturday 9 th May – 7 th Moon Friday 5 th June – 8 th Moon Friday 10 th July – 9 th Moon Friday 7 th August – 10 th Moon Friday 4 th September – 11 th Moon Friday 2 nd October – 12 th Moon Friday 2 nd November – 13 th Moon			

Psychic Development Group

Dates	Time	Facilitator	Cost
Sunday 30 th November 2009 Sunday 25 th January Sunday 15 th February Sunday 29 th March Sunday 26 th April Sunday 31 st May Sunday 28 th June	12:00 – 16:00	Avril Price	£30 per session

Shamanic Journeying

Shamans were often called “Wise Ones”, “Medicine Men” or “Witch doctors”. In an altered state of consciousness a shaman will bridge the worlds of existence to retrieve information, to heal or help the community. Shamanic journeying strengthens our connection to nature so that we can find harmony in our lives and the landscape around us. These evenings teach you how to journey and enter the spirit worlds. Suitable for the novice.

Dates	Time	Facilitator	Cost
Mon 9 th , Weds 11 th & Fri 13 th February	19:30 – 22:00	Keri Manning-Dedman	£60
Saturday 11 th July	10:00 – 18:00	Keri Manning-Dedman	£70
Fridays 6 th , 13 th & 20 th November	19:30 – 22:00	Keri Manning-Dedman	£60

A Sacred Harmonic Healing Concert with Michael Ormiston and Candida Valentino

Join Candida & Michael to celebrate an evening of Celestial Harmonic Singing, Transformational Gong Journeys, Divine Tibetan Singing Bowls & Sacred Mantra Chanting.

Michael Ormiston is Britain's foremost Mongolian Khöömii (overtone) singer. His voice has been used in a Hollywood films, David Attenborough's acclaimed wildlife series Planet Earth, & heard in concert by H.H. the Dalai Lama. He is the only European blessed to teach the basic practices of Mongolian Khöömii. For the past fifteen years Michael has led workshops, evenings & therapy sessions in Relaxation, Meditation & Deep Listening using Tibetan Singing Bowls, Gongs & sacred sound instruments.

Candida Valentino began studying sound therapy in 1991, working with toning, overtone singing and voice work as a tool for healing. She trained with Chris James & completed The Power of Sound Teacher Training in 1999. Candida studied Mongolian Khöömii singing with Michael Ormiston in 1999 and is probably the only European woman to sing the Khargiraa undertone style of throat singing. She uses the healing sounds of Tibetan Singing Bowls, Gongs & sacred sound instruments in individual sessions and in concerts in the UK & Europe.

This workshop is unsuitable for children as there will be two long periods of meditation.

Dates	Time	Facilitator	Cost
Saturday 29 th November	19:30 – 21:30	Michael Ormiston & Candida Valentino	£10

Storytelling

Breaking the ice the view of spring emerges. Let us begin to wake up from our winter hibernation and gather for an evening of stories and song. Refreshments included.

Dates	Time	Facilitator	Cost
Friday 20 th February	19:30 – 21:30	Chris Park	£10 Children £2

Setting Up An Alternative Therapy Business

Being “your own boss” can be challenging from an emotional as well as a practical point of view. Some may be focusing on “business” and forgetting the rest of life, family, health and relaxation. Others have great ideas and are passionate about what they do, but may be completely forgetting the business side of self-employment. You may feel uncomfortable about the “selling” side of business and, if you work on your own, you may start feeling isolated and overwhelmed.

This workshop will help you recognise and understand the specific challenges you are facing. We will discuss the resources and tools that you can use to keep motivation and enthusiasm going when things get tough. You will carry out a self assessment and start developing an action plan to successfully identify and resolve challenges and turn them into opportunities.

Dates	Time	Facilitator	Cost
Saturday 18 th April	10:30 – 17:00	Elisa Sibille	£65

Dowsing For Beginners

Dowsing is used in all kinds of ways to locate lost or hidden things and to identify what is present in a place or person. This workshop is an opportunity to learn how to dowse using both a pendulum and dowsing rods. It is a day for beginners and those who know a little bit about dowsing already to discover their true potential as a dowser.

Dates	Time	Facilitator	Cost
Monday 27 th April	10:30 – 16:00	Beryl Malem	£60

Wicca – An Introduction

From 'layperson' to Witch in 10 weeks!

This course is an exploration of Wicca / Witchcraft; it is designed for the beginner or the explorer. If you have not yet found your path and just want to see what Wicca is all about, this is a good, safe way to find out. Each evening will look at a particular aspect: Background, Beliefs, Days for celebration, Getting started, Circle casting, Cleansing & consecrating, Coven or solitary? Divination, Spells & ritual.

Dates	Time	Facilitator	Cost
Tuesday 25 th November Tuesday 2 nd December Tuesday 9 th December Tuesday 16 th December 2009 Tuesday 6 th January Tuesday 13 th January Tuesday 20 th January Tuesday 27 th January Tuesday 3 rd February Tuesday 10 th February	19:00 – 21:00	Jane Robinson	£18 per evening

Tarot Readings

Dates	Time	Facilitator	Cost
Saturday 1 st November Saturday 6 th December 2009 Dates to be confirmed	10:00 – 17:00	Chrissie Chevis	£25 for 30 mins Or £40 for 1 hour

Tarot and Channelled Readings

Dates	Time	Facilitator	Cost
Wednesday 26 th November Wednesday 17 th December 2009 Dates to be confirmed	10:30 – 17:00	Jackie Percy	£25 for 30 mins Or £40 for 1 hour

Treatments at Gaea

We offer the following treatments which can be booked through the shop on 01296 696789

Reiki

Treatments can be booked with either Keri or Mark

Cost £45 for a treatment lasting 60-90 minutes.

Crystal Therapy

Treatments are with Keri and can be a combination of Reiki and crystals if requested.

Cost £45 for a treatment lasting 60 minutes.

Spirit Release

Sometimes our lives become detrimentally affected by the attachment of energy that is disruptive to us or by the sudden loss of part of our energy. We may be aware that things have changed but we do not know the reason why. Sometimes we may sense a presence around us or feel the loss of part of ourselves but don't know how to deal with the effect it is having on us.

We use a gentle process that enables us to identify any disruptive energies that may be present and help them to move on in a very loving and caring way. We also help to reunite parts of our soul that may have become separated through trauma.

Cost £120 including a follow-up session.

Home Energy Balancing

Events that have taken place in the past, manmade structures necessary for our modern lives and unseen natural energies can often cause our own energy to be adversely impacted in the places where we live and work.

The impacts can range from disturbed sleep through to major physical illnesses, depending upon the energies present.

We use a gentle process to identify the things that are detrimental to a particular location and then help them to move on or to relocate to a place where they are not causing any harm, thus restoring balance and equilibrium.

Cost £120 including a follow-up session.

How to Book Onto Courses & Workshops

To book a place then either phone the shop (01296 696789) or call in at the shop located on Emerald Nursery. A deposit of 50% is required at the time of booking.

There does appear to be a trend towards leaving booking to very close to the date. Sometimes course and workshop facilitators cancel events because there are not enough people booked on. If you are planning to come then please book in good time, then hopefully we won't need to cancel things unnecessarily.

When events are cancelled or need to be changed for whatever reason we generally only contact those who have booked and paid their deposit.

Balances are due 2-weeks before the event date.

We can take payment for courses and workshops as cash, by credit/debit card – either in person or over the phone and by cheque made payable to M Dedman.

How to find us

We are located at Emerald Nursery which is situated on the A413, between Wendover and Great Missenden. The entrance to the nursery is at the bottom of Cobblershill Lane and there are signs shortly before the turning, on both sides of the road. Turn into Cobblershill Lane and immediately after the turning you will see a sign reading Crystal Shop & Nursery – this is us!

If you are coming to a daytime event the gate will be open – as long as you don't arrive too early! (see opening hours below). If you are coming to an evening event you may find the gate shut but it won't be locked – please open the gate and drive in. Follow the sign to Nursery and Shop – go past the house and the polytunnels and you will see a large carpark.

During the day please go to the shop first. For evening events please walk down to the house, enter the back garden via the back gate and follow the path round to the back door.

Facilities

Self service tea and coffee facilities are available for attendees of daytime courses and workshops – either outside on the nursery or in the house. There is no charge for this. If you are attending a daytime event you will need to bring your own food for lunch, unless advised otherwise.

There is a toilet at the house for use by customers of the shop and nursery and attendees on courses and workshops – it is not suitable for wheelchair access so please let us know if you have special requirements as we may be able to help. We have a ramp which allows wheelchair access to our teaching space via French doors at the front of the house. If you wish to use this facility please let us know at the time of booking so that we can get it ready for you. There is lots of gravel on the nursery and drive which is not always easy for wheelchair users – if you would like assistance please let us know.

Opening Hours

Monday to Saturday 09:00 – 17:30 Sunday 10:00 – 16:30

Bank Holidays – Sunday opening hours apply